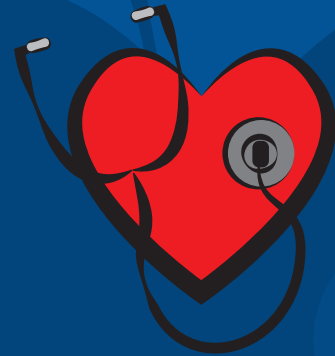


WHY DO KIDNEYS GET SICK?



DIABETES

High blood sugar



HYPERTENSION

High blood pressure



**KIDNEY
INFLAMMATION**

THESE COULD LEAD TO

CHRONIC KIDNEY DISEASE or CKD

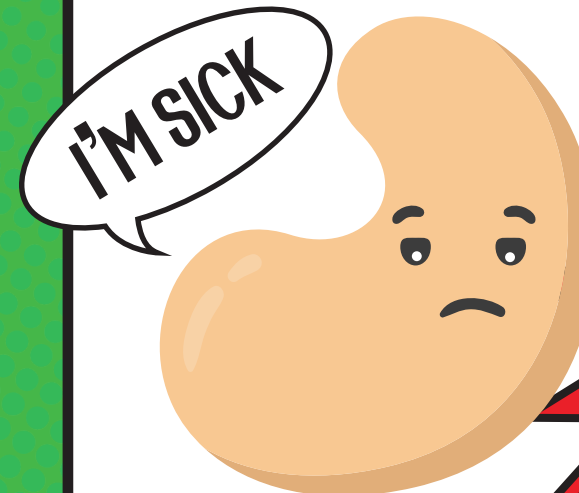
DO YOU KNOW YOUR BLOOD PRESSURE?

____ / ____

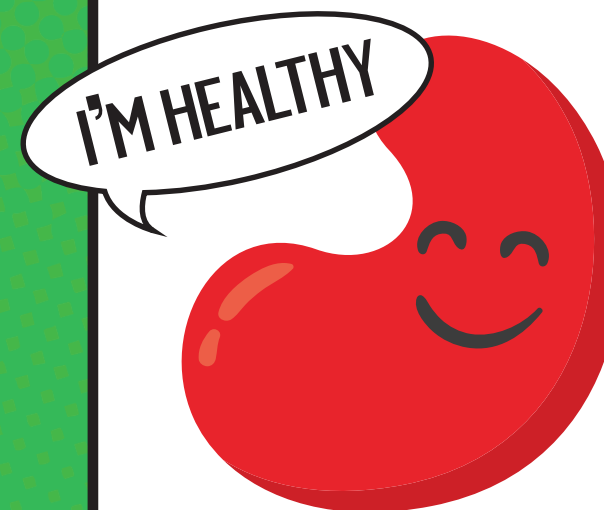
HOW CAN WE HELP SICK KIDNEYS FEEL BETTER?

OPTION 1: TRANSPLANTATION

Sometimes, people are lucky to get a healthy kidney from a relative or another person (donor).



OR



OPTION 2: DIALYSIS THERAPY

Alternatively, a therapy called 'dialysis' can take over most of the jobs of the kidneys.

